

Secondary progressions

For Alex

12 MARCH 1992 · 09:40 · ROME, ITALY

Sample

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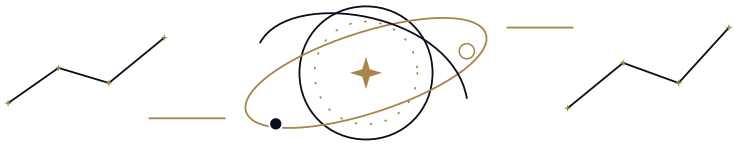

CHAPTER 1

Secondary progressions

11 November 2026 – 11 November 2027

Secondary progressions are one of the oldest ways astrologers follow inner development over time. The idea is simple and rather poetic: each day after your birth is taken to symbolise one year of your life. The sky as it stood a few weeks after you were born therefore describes, in symbolic form, the person you are becoming now. Your birth chart stays the foundation, while the progressed chart shows how its themes slowly mature.

Progressed movements are gentle; the progressed Moon changes sign roughly every two and a half years, while the progressed Sun advances about a small step a year, so a single theme can colour a long season. In this report, progressed planets are considered in links to your chart only when they come within about a small step, which keeps attention on the contacts that are truly active. Read what follows as a portrait of inner timing rather than a list of events. You remain the author of how each chapter unfolds.

In brief, the sections below combine three layers. First comes the overall mood of this period, described by the signs of your progressed Sun and Moon and, where the birth time is known, by the progressed Ascendant and Midheaven. Next come the planets that have recently changed sign, marking shifts in style. Finally you will find the close contacts between progressed planets and your chart, which point to the themes asking for your attention now. When several sections echo the same message, give that message priority.



CHAPTER 2

♎ Looking for harmony in affection

Moon (progressed) in Libra

With your progressed Moon in Libra, relationships become an emotional focus. You may feel a stronger need for partnership, companionship and harmony, and you could notice how deeply other people's moods affect your own.

This phase often brings attention to close bonds: a partnership may deepen, change or begin, and friendships may need rebalancing. You might feel drawn to beauty, art and pleasant surroundings, which soothe your spirit. Decisions can feel harder if you try to please everyone, so practise naming what you want while staying fair. Diplomacy comes easily now and can help resolve old tensions. The lesson of this period is balance: between giving and receiving, between your needs and others'. Nurturing relationships that feel mutual will support you emotionally for years.

☾ Affection, play and a need for warmth

Moon (progressed) in the Fifth House

With your progressed Moon in your fifth house, joy, creativity and self-expression come to the fore. You may feel more playful, more romantic or more eager to create something of your own, whether a work of art, a hobby or a project close to your heart. Children, either your own or others in your life, may play a larger role. This phase encourages you to follow what makes you feel alive and to take some healthy risks for the sake of pleasure. Emotional needs are met through expression and appreciation. Allow yourself to enjoy life without always being productive; that lightness is precisely what feeds you now.

☾ Care in the small things of daily life

Moon (progressed) in the Sixth House

While your progressed Moon crosses your sixth house, your emotional wellbeing becomes closely tied to work, routines and health. You may feel a need to reorganise your daily life, find a better rhythm or pay closer attention to your body's signals. Small improvements can bring real comfort, such as a cleaner workspace, better sleep or a new exercise habit. You might also find satisfaction

in being useful and helping others. Watch for stress building up through overwork or worry, since feelings may show up physically. This phase teaches you that caring for the ordinary details of life is a powerful way to care for your heart.

♈ Identity is going through a phase of initiative

Sun (progressed) in Aries

With your progressed Sun in Aries, your sense of identity is in a pioneering phase. The progressed Sun spends about thirty years in a sign, so this is a long chapter in which courage, initiative and independence become central to how you grow. You may feel a stronger urge to lead, to start projects and to define yourself on your own terms.

If the progressed Sun has recently entered Aries, you might notice a marked shift: less waiting, more acting. Situations that once seemed acceptable may now feel too slow or too limiting. The challenge is to direct this energy wisely, choosing battles that matter and pacing yourself; physical activity often helps. Over the years, this period can give you a clearer, bolder sense of who you are and the confidence to follow your own path, even when it means standing apart from others.

♋ A phase more attentive to home and affection

Ascendant (progressed) in Cancer

With your progressed Ascendant in Cancer, your outward manner is becoming softer, more protective and more emotionally responsive. You may feel a stronger need to be near people you trust and to create a safe base before stepping out. Others might see you as more caring or more sensitive. This phase favours home, family and nurturing roles. Let your gentleness show, and remember that protecting your feelings does not have to mean hiding them from those who could support you.

♓ Ambitions guided by inspiration, in this phase

MC (progressed) in Pisces

With your progressed Midheaven in Pisces, your aims in the world become more idealistic, creative or compassionate. You might be drawn to art, music, healing, spiritual work or helping roles. Others may see you as inspiring or empathetic. This phase favours work that feels meaningful. Keep practical structures in place, so that your dreams can take a concrete form and support you sustainably. A creative side project might grow into something larger. Trust a vocation that feels quietly meaningful to you.

⊙ Affection that arrives naturally

Sun (progressed) sextile Venus natal

Your progressed Sun is in harmony with your Venus, supporting a period of ease in relationships and enjoyment. Social life may flourish, creative projects can blossom and you might feel more attractive and confident. This is a good time to strengthen bonds, celebrate milestones and put energy into what brings you joy. A gift, a trip or a creative course could mark this season well. Beauty around you can lift your spirits.

☾ A calmer, more familiar mood

Moon (progressed) trine Moon natal

Your progressed Moon is in harmony with your Moon, a period of emotional comfort and inner ease. Your instincts feel trustworthy, and you may find it easier to look after yourself and those close to you. Home life can be especially nourishing now. Enjoy simple routines, time with family and moments of quiet that help you feel deeply at one with yourself. Your home may become a particularly peaceful refuge now.

☾ Emotional courage and sheltered drive

Moon (progressed) trine Mars natal

Your progressed Moon is in an easy, supportive link with your Mars, giving you emotional courage and the energy to pursue what you want. Home projects, family initiatives or personal goals can move forward. You may feel more confident in standing up for yourself. This is a good period for action guided by genuine feeling. A sport or a fresh routine could suit you. Moving furniture, gardening or decorating may feel satisfying.

☾ Emotional stability built with care

Moon (progressed) trine Saturn natal

Your progressed Moon is in an easy, supportive link with your Saturn, favouring emotional stability and practical progress. You may feel calm, reliable and capable of handling responsibilities. Family or domestic structures can be strengthened. This is a good time to commit to plans that need patience and steady effort. Organising your home or finances can feel quietly satisfying and bring lasting peace of mind. Elders in the family may offer wise counsel.

☾ Nervousness and sudden swings of mood

Moon (progressed) square Uranus natal

Your progressed Moon is forming a challenging link to your Uranus, which can bring restlessness or unexpected disruptions. You may feel torn between security and freedom. Stay flexible, and look for ways to introduce change gradually. This period can awaken you to needs you had not recognised before. Keep a few anchoring routines while you experiment. Sudden moves are best slept on before you commit. Stay curious about what unsettles you.

☾ Emotional confusion or blurred boundaries

Moon (progressed) square Neptune natal

Your progressed Moon is in a challenging link to your Neptune, which may bring confusion or emotional vulnerability. You could idealise someone or feel overwhelmed. Rest, grounding routines and honest communication can help. With care, this period can refine your intuition and compassion. Check important facts twice, and lean on friends who see you clearly. Gentle exercise and enough sleep help keep your mood steady. Clarity returns as you rest.

☾ Public life and feeling in agreement

Moon (progressed) trine MC natal

Your progressed Moon is in harmony with your Midheaven, supporting progress in career and a sense of emotional fulfilment in your work. You may feel aligned with your goals. This is a good time to take steps forward professionally. Colleagues and superiors may be supportive, and work could feel more emotionally rewarding. A role that combines care and responsibility may suit you particularly well. Meaningful work can feel nourishing and calm.

♀ Gentle talks and a warmer tone

Venus (progressed) conjunction Mercury natal

Your progressed Venus is joining your Mercury, adding grace to your words and ideas. Conversations may become more pleasant and persuasive, and you could enjoy writing, art, design or learning a language. Social exchanges can bring new friends. Use this charming period to resolve disagreements diplomatically and to express appreciation more openly. A thank-you note may carry unexpected weight. Compliments you give sincerely may strengthen friendships in lasting ways.

♀ Good relationships that support your aims

Venus (progressed) sextile MC natal

Your progressed Venus is in harmony with your Midheaven, supporting pleasant professional relationships and success through cooperation. Creative or people-centred work may thrive. It is a good time for networking and building a reputation founded on kindness and quality. Colleagues may appreciate your diplomacy and taste, and partnerships at work can open doors. You might also enjoy bringing more beauty into your workspace, which supports your mood and productivity.

Feeling approaches a culmination

Progressed lunation phase

You are in the progressed Gibbous phase, a stage of refinement and preparation. Your projects and aims are taking shape, and you may feel a need to improve, analyse and perfect them. Learning and self-development are favoured. This is a time to ask how you can make your efforts more meaningful and effective. Patience and attention to detail now will help your work reach its full expression soon. Feedback from others may be especially useful now. Every refinement now improves what will follow.



Looking ahead

Progressions move slowly, and that is their gift. They remind you that growth rarely happens overnight; it ripens over months and years, often quietly, until one day you realise you see the world differently. The themes in this report may already feel familiar, or they may become clearer as time passes; both are normal.

You might reread these pages every so often, especially when the progressed Moon enters a new sign, and notice what has changed in your priorities and feelings. Use the descriptions as prompts for reflection, journaling or conversation with people you trust. Nothing here fixes what must happen. Instead, it offers a sense of rhythm: when to plant, when to tend and when to let something go. Combined with your own judgement and experience, that sense of timing can help you make choices that feel aligned with who you are becoming.

This report is intended for entertainment and personal growth. It describes tendencies and potential based on your birth chart; it does not offer predictions or guarantees about what will happen, and it should not be used to make important decisions in your place. It is in no way a substitute for medical, legal, financial or psychological advice: for questions of this kind, always consult a qualified professional.

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Reading references

The months identify the samples used to calculate this reading, rather than exact event dates. Aspects show the month of the sample closest to the alignment within the period examined.

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